



# ChileMontaña

Outdoor Guiding Services  
Since 1984



## EQUIPMENT & GEAR LIST

### Personal Gear & Equipment List Atacama Overland Trip

This list is for the following trips:  
Atacama & Argentina Northwest treasures, and Atacama & South Lipez.

Below you find a selection of gear & equipment lists for different ChileMontaña trips and expeditions.

Please note that these lists are reference lists of available options that will provide you with comfort and safety during your Andes adventure. Due to the large variety of fabrics and models in the market and due to the diverse nature of our trips and expeditions, it is impossible to give a more specific list. Therefore, we will have a gear check at the beginning of every ChileMontaña trip in order to ensure that you carry the appropriate equipment for your particular adventure.

However, we hope that these lists will give you a good idea of what to bring when booking one of our adventures. Please feel free to contact us at any time if you need further information or have doubts regarding this topic.

T Shirts  
Light Upper Body Shirt  
Fleece Jacket Medium Weight  
Windbreaker  
Down Jacket  
Underwear  
Light Weight Long Johns  
Heavy Weight Long Johns  
Trekking Pants  
Hard shell Pants  
Shorts  
Light Socks  
Heavy Socks  
Light Gloves  
Heavy Weight Fleece Gloves  
Sun Hat

Tennis Shoes  
Shoes for River Crossing  
Trekking Shoes  
Headlamp + batteries  
Sunglasses  
Pen Knife & Lighter  
Water Bottles / Thermos  
Toiletries & Moisturizing Cream  
Sunblock Cream (face and lips)  
Camera & Film / Binoculars  
Swimming Suit + Towel  
In Town Clothes  
In Town Shoes (Texas?)  
Trekking Poles (telescopic)

Wool Cap  
-20°C Mountaineering Sleeping Bag  
Sleeping Pad or Therm-A-Rest  
30-40 Lt. Daypack  
Expedition Duffel Bag

If your programme includes climbing a 5000 or 6000 m. mountain, you need to add the following items to your gear list:

70–90 Lt. Mountaineering Backpack  
Mountaineering Pants  
(Windstopper/Gore tex Pants)  
Mountaineering Gloves  
Mittens  
Balaclava  
Mountaineering Boots (eg Phantom from Scarpa,  
or Spantik from La Sportiva)  
Gaitors  
Ice Axe  
Crampons